Batting in a test match is hard especially with the red ball that does a lot more than a white ball. The batsmen have to make sure that the score is defendable and out of reach of the opponents. But since you get all the time you need to settle yourself in and anchor the innings, big scores are pretty common in test matches. Here’s a list of top five batsmen who scored the most runs in a single innings in International Test Matches:  
**1. Brian Lara 400\***

Brian Lara, the all-time West Indies great scored a 400\* against England in 10 April, 1004 in St John Cricket Stadium in Antigua. After losing the first three matches of the series and not scoring a single fifty, Lara was in tremendous pressure to perform in the last match to avoid the white wash. He scored 400\* in just 582 balls with a strike rate of 70. He spent 778 mins on the crease scoring 43 fours and 4 sixes. This innings of Lara that helped the West Indies reach a total of 751, is considered a rather selfish one because the match which could have been won, eventually ended up as a draw.

**2. Matthew Hayden 380**

Matthew Hayden scored a 380 against Zimbabwe in Perth in 9 October 2003 which was the highest individual score at the time. In the 1st test against Zimbabwe at the WACA, batting first, Hayden scored 380 of 437 balls with a healthy strike rate of 87 helping Australia reach a total of 735/6d and win the test match by an innings and 175 runs.

**3. Brian Lara 375**

Its Brian Lara again against the same opposition at the same venue only 10 years earlier. He scored 375 runs of 538 balls with the help of 45 fours against England in St. John’s Cricket Stadium in 16 April 1994. He spent 766 minutes on the batting crease making sure that West Indies reached a total of 593. The match ended up as a draw with England batting only once.

**4. Mahela Jayawardhene 374**

Mahela Jayawardhene is next on the list with 374 against South Afrrica in 27July 2006 at SSC, Colombo. The Proteas chose to bat first and failed heavily scoring only 169. Then the inning of Mahela Jayawardhene of 374 off 572 balls which included 43 fours and a six helped Sri Lanka gain a healthy lead of